



October 9, 2020

Good Afternoon RMCA Parents.

It is that time of the year again when the weather starts to change, rumors of snow days begin to abound, and parent conferences are about to take place. With these changes and events in the air I wanted to follow up on our progress so far this year.

Over the last several years we have been working hard on improving our communication. We as a team have been working diligently throughout the year to make sure how we communicate effectively. I hope that our communication has been up to par and has continued to improve with each month.

Please remember that conferences are next week. These will be a different this year due to COVID as we must have them in a digital environment. Please provide grace and patience to our teachers as you participate in these conferences. A couple of tips: 1) Have a set of prepared questions ready before you start the meeting as you have a set time that needs to be moved through quickly, so we can stay on schedule, 2) Review PowerSchool and all grades prior to the meeting, 3) Talk with your students about any concerns you have as this might illuminate some answers before you meet, 4) Try out the link prior to your timeslot to make sure you do not have technical difficulties, and 5) Try to stay muted as much as you can while others are speaking.

This is a parent rule school. Parents have a voice through our parent run Board of Directors. Make sure your voice is heard. We will be conducting our Board of Directors election the night and day of conferences. This will be a drive thru vote. Please stop by the school parking lot with your driver's license and vote for your school board members. Let's Vote!

We have had several carpool incidences over the past several weeks and want to make sure everyone is being safe. Please follow all of our carpool procedures, no cutting in line, stay off your phones while in line, and be courteous of our neighbors and each other.

This is also a time of year in which we see more student needing mental health and social supports. Please talk to your students about Safe2Tell and how they can use it to keep themselves and other safe.

It is also the time of the year when RMCA Uniform Policy violations start to pick up. I am asking for your help and support. Please review the RMCA Uniform Policy with your child and make sure everyone understands our expectations. Non-uniform hoodies may be worn outside, but need to be taken off before students go to class, go upstairs to the Middle School wing, the music room, and the gym. You should start to see more Oops Slips going home over the next several weeks as I am asking teachers to review the policy and let students know when they are out of uniform.

I continue to appreciate the partnership that we have as a community. Have a great weekend. Thank you for all you do!

Principal Mac

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Front Office Hours
7:30— 4:00

Attendance email
Nancetta Westcott
nwestcott@rmcacs.org

Front Office: 719-622-8000
Fax 719-622-8004

RMCA PTO Presents

DRIVE-THRU TRUNK OR TREAT!

**SATURDAY
OCT, 31ST**

Trunks Needed. Sign up here:
<http://bit.ly/2043743>

4:00PM - 6:00PM

RMCA Parking Lot

**Candy Competition
Starts Oct 26th!
Prizes per Grade**



PTO Spirit Night



RMCA Spirit Night

...Come get lost

October 19th 4-7pm

Lost Island Mini Golf

1825 Dominion Way

<https://www.lostislandminigolf.com>

Help RMCA get 15% back. Tell Lost Island know you are with RMCA or bring this flyer with you.



Important Information

Parent/Teacher Virtual Conferences
Will be October 15 5p --8p and
October 16 8a—3:30p. Please check your
email for the Sign-Up Genius from your
student's teacher.

Make – Up Picture Day
October 28

Lost and Found

Please have your student
check the lost and found for
any items that they may mis-
placed. Or stop by Thursday,
Oct. 15 after 3:30 or Friday,
Oct. 16 8:00—4:00

Lost and Found items
will donated on
October 16 at the end of the
day.

Preschool News

We need your help to fill our last few spots in pre-school!

If you have friends, family, or co-workers who are looking for an amazing, educational, loving pre-school that provides our own before and after care, please have them reach out to Melissa at 719-550-5440 for information on the availability of spaces in our half day, part-time full day, and full day programs



Ned Mindset Virtual Show Monday, October 12.

Please Help!

Front Office is in need of water and masks for students who forget to bring their items. **These items may be used as Volunteer hours. Send your receipt with our items.**



Important Information Cont'

Uniforms

Uniforms make it easier for students to focus in class and promote a safe student culture not focused on style, brands, and fashion trends. Please make sure your student's shorts and skirts are long enough to meet the uniform policy guidelines. Shorts and skirts should be no shorter than 2" above the knee when sitting. You may use this link for further information on the [RMCA Uniform Policy](#). Students may "dress up" on occasions when special events are scheduled, ie: music programs, game days for athletes, picture days, etc. Rules for modesty and dress code still apply on these days. Skirts must be of school appropriate length, no strapless or spaghetti strapped tops, no tight or low-cut clothing, no heels greater than 1", etc. Thank you for helping us by having your child follow this policy!

Masks

We will continue to follow the state recommendations for students and staff members on wearing masks and facial coverings. Students ten and younger may wear masks and facial coverings. Students eleven years and older and staff members must wear masks or a facial covering. We ask that students wear masks and facial coverings without words or images that could be scary for our younger students.

Cell Phones and Smart Watches

Students need to have their cell phones turned off and put in their backpacks before they enter the building in the morning. If students have their cell phones out of their backpacks the phone will be sent to the office. Smart watches may be worn if used as watches. If smart watches are used to take pictures, record, text, or place a phone call they will be taken to the office. Parents will be called and will need to pick the phone or smart watch up from the front office.

Water Bottles

Please send your child with a water bottle each day. The drinking fountains have been turned off and covered for student safety. We have a touchless water bottle filling station available near the gym if students need to refill their water bottle through the day. Parents have donated some water bottles for students who have forgotten to bring one.

Cold Weather

Colorado is known for its crazy weather! Be sure to watch the weather forecast and send warm coats for students on colder days. If it is too cold we will keep students in for inside recess, but want to give kids the opportunity to be outside and get their wiggles out as much as possible. The weather forecasters are predicting snow on Tuesday!

Nurse Notes

- The Colorado Department of Education still requires immunizations for all students. If your student is not currently up to date on immunizations, please make sure you get all necessary immunizations done and provide a copy of immunization records to the health room. If you have not already completed your student's health form in PowerSchool, please do so.

Stop the Spread of COVID-19



WASH YOUR HANDS often with soap and water for 20 seconds.



USE HAND SANITIZER with at least 60% ethyl alcohol or 70% isopropyl alcohol when handwashing is not available.



WEAR A MASK or fabric face covering.



STAY AT LEAST 6 FEET APART.



STAY HOME IF YOU'RE SICK.

IS IT COVID-19, THE FLU, A COLD OR ALLERGIES?

Symptoms	Coronavirus* (COVID-19) <small>Symptoms range from mild to severe</small>	Cold <small>Gradual onset of symptoms</small>	Flu <small>Abrupt onset of symptoms</small>	Seasonal Allergies <small>Abrupt onset of symptoms</small>
 Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
 Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
 Shortness of breath	Sometimes	No**	No**	No**
 Sneezing	No	Common	No	Common
 Runny or stuffy nose	Rare	Common	Sometimes	Common
 Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
 Fever	Common	Short fever period	Common	No
 Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
 Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
 Body aches and pains	Sometimes	Common	Common	No
 Diarrhea	Sometimes	No	Sometimes for children	No
 Chills/repeated shaking	Sometimes	No	Sometimes	No
 Loss of taste or smell	Sometimes	Rare	Rare	Rare

Your symptoms may vary. *Information is still evolving. **Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention, edited 4/29/20 • aafa.org/covid19

Rocky Mountain Classical Academy

Encore Updates October 2020

Mark your
Calendar



ART



Date	Event
10/15 & 10/16	Parent/Teacher Conferences



PE

In Physical Education students are running for the mileage club. Please be sure to send students to school with non-marking running shoes on their PE day. (You are welcome to send an extra pair of shoes for students to keep in their classroom.) Please also bring a water bottle; the drinking fountains are closed.

Kindergarten and 1st have been stretching and flexing with the ABC's. 2nd thru 5th are rotating between soccer, baseball, football, and basketball.

I am looking for a Parent Coordinator for American Heart Association leading up to February. The volunteer work would be mostly clerical prior to February and during the event it would include tracking instant prizes to hand out. Please email me if you are interested.

I look forward to passing along a love of exercise to your students.

Coach Wil Winter
Elementary Physical Education Teacher
wwinter@rmcacs.org

Greetings from Ms. Parrish in the Art Studio!

I am excited to share the latest exciting events taking place in Art! All lessons are educational as well as engaging and uphold our strong, content rich and impressive Core Knowledge curriculum while supporting Colorado state standards for visual art. **Grade K** is finishing a fun and educational art composition of color, line and shape. While creating with these elements of art, the children learn of the warm and cool colors as well! **1st grade** is about to complete a vivid, joyful and educational artwork, applying the elements of art and the principles of design that they are learning: color, space, line, shape, unity, pattern and rhythm. **2nd grade** is busy with their creative study of "Spatial Awareness." Through this discovery, children learn of shape, line, space & color while creating images of visual perspective depth and distance - the illusion of spatial distancing! **3rd grade** is having a great time with "Spatial Awareness" understanding distance and how to create it through visual art. Along with the elements of art, color, line, shape, space and with some basic geometry through drawing 3 - D shapes, kiddos are having a blast exploring! **4th grade** has completed the Viking ceramic longboats that they began pre-Covid, it has been my goal to get those wonderful incomplete projects completed and returned to all of my kiddos. 4th grade is now moving into the study of the Middle Ages, learning of the incredible, historical and very meaningful forms of art of the time period. Illuminated manuscripts and Limbourg Brothers. An illuminated manuscript is a manuscript in which the text is supplemented by the addition of decoration, such as decorated initials, borders and miniature illustrations. An illuminated manuscript also refers to manuscripts decorated with gold or silver. **5th grade** has been completing the artform of ancient Africa through the beautiful Indonesian wax, paint Batik influenced artform. This project was one that began pre-Covid and is near completion. Next, 5th grade will move onto the fantastically historic and rich study of the Renaissance time period! It is with such joy that I share these opportunities with your child(ren)! ***I am always in need of assistance in the Art Studio! Please consider popping in, I would love to have you!***

Warmly,
Ms. Parrish
RMCA Art Director / K - 5 Art Teacher.
cparrish@rmcacs.org



LATIN

Salvete, omnes! We are really rolling in Latin now, and it is incredible to see how much the kid's progress from week to week.

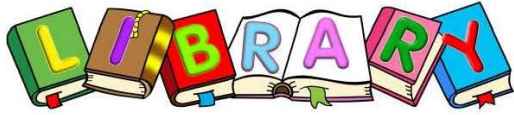
In **Kindergarten**, we are getting started on learning our "People Words," things like "man," "woman," "boy," and "girl." These are great simple words to practice with your students at home to help build fluency and word recognition.

First and second grade are each starting special Roman cultural units; **first grade** will be learning about the clothing that Ancient Romans would wear and learning the Latin words for them, as well as talking about what function clothing plays in our daily lives.

For **second grade**, they are starting their unit on Roman Mythology/Religion. Religion and mythology was a huge aspect of Roman life, and I am very excited to teach it to the second graders this month.

In **3rd grade**, we are continuing our story of "Marcus and Julia and the Lost Scroll," while also continuing to learn about how verbs function in Latin.

Fourth and fifth grade will both be continuing their story and working on learning irregular verbs in Latin (things like "I am" or "they are.") Ready for another great month of Latin! Sincerely, Mr. Booth jbooth@rmcacs.org



Hello RMCA Families!

Students began taking books home last month! Please make sure their book is kept in a safe place, away from younger siblings and pets. Also, please be mindful of leaky water bottles in backpacks. They can ruin books and other belongings rather quickly! Ziploc bags work great!

If you need to pay a Library fine for a lost or damaged book, please use this link:

<https://www.shoprncacs.org/product-page/library-fees>

Please remember to send students to the Library with their pencil bags, Yellow folders, and Library book every week!

*To limit the spread of illness, students are now required to bring their own supplies, including: 2 sharpened pencils, crayons or colored pencils, scissors, and a glue stick.

Books we are reading in the Library are:

Kindergarten: *The Shoemaker and the Elves*, *Shelf Elf*, and *Library Lion*

1st Grade: An assortment of Aesop's Fables

2nd Grade: Starting *The Marvelous Journey of Edward Tulane*

3rd Grade: Finishing *The Marvelous Journey of Edward Tulane*

4th Grade: Finishing *Peter Pan*

5th Grade: Finishing *The Hatchet*

Please feel free to contact me if you have any questions or concerns.

Kamrine Finney
kfinney@rmcacs.org
(719)550-5326
Library/Media Specialist



Music

Students are doing a wonderful job participating in the music room in active and creative ways!

Kindergarten students are continuing their work with musical opposites and identifying how music can change from loud to soft, high to low, fast to slow.

1st Graders are being introduced to the instrument families through the characters and sounds of Prokofiev's Peter and the Wolf.

2nd Graders are making connections to American history and symbols by learning about the origins of patriotic songs like the Star-Spangled Banner.

3rd Graders are being introduced to lines and spaces of the staff as we connect what we know about solfege singing to letter names.

4th Grade reviewed the lines and spaces of the staff and will begin a listening unit including the Mozart's Opera, The Magic Flute

5th Grade reviewed their lines and spaces of the staff and will connect these to the historical period of the Renaissance when music notation first became formalized. We will compare music and dance of the Renaissance to other arts during this time period as well.

As always if you have any questions or concerns feel free to reach out to Miss Rafoth at drafoth@rmcacs.org!

Dana Rafoth - RMCA Elementary Music Teacher -
drafoth@rmcacs.org

**Submit an
Anonymous
Report**

safe²tell Colorado

Make a Report. Make a Difference.



1-877-542-7233



Anonymously report anything that concerns or threatens you, your friends, your family or your community.
We are open 24/7, 365 to take reports.

Parents are key players in creating safer schools and communities. Safe2Tell Colorado provides the only anonymous way for students, parents and community members to report unsafe and risky behaviors before they grow out of control. Each year, Safe2Tell Colorado receives thousands of reports on bullying, cyber-bullying, suicide threats, mental health concerns, child abuse, substance abuse, violence, planned school attacks, and other concerning behaviors. Each concern reported to Safe2Tell Colorado allows for caring, concerned adults to effectively intervene in the life of a child or youth who is struggling. Safe2Tell Colorado wants everyone to know - telling isn't "snitching." Telling is when you need to keep yourself or someone you know safe from threats, harmful behaviors or dangerous situations.

Not sure if you should use Safe2Tell? If you don't, who will? We need your help to improve your school and community. By calling, you can help stop a friend from committing suicide, get another student off drugs, or stop a bully from making other people miserable. If you have information about the following topics, please call.

To make a report, call 1-877-542-7233 from anywhere, 24 hours a day, seven days a week. The call is free. You may also make a report by clicking on the yellow conversation box adjacent to this paragraph that reads Submit a Tip or download the Safe2Tell mobile app on the [Apple App Store](#) or [Google Play](#). Remember, your identity is safe. No one will ask for your name or number. There is no caller id., no call tracing, no call recording and no call forwarding. We only want to hear your concern and try to help.

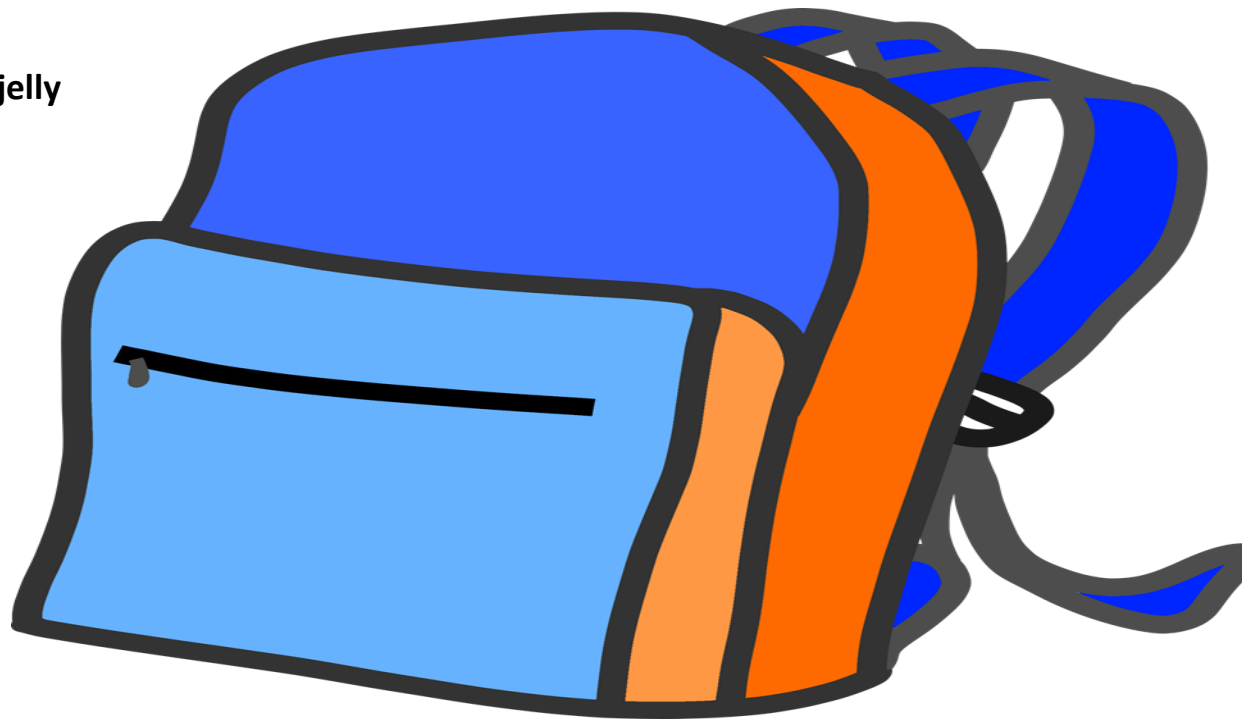
The anonymity of all Safe2Tell Colorado reports is protected by C.R.S. 07-197. This means the reporting party remains UNKNOWN by Colorado State Law.

Backpack Program

The Backpack program needs your help!

The RMCA Backpack Program exists to help students with nutritional and hygiene needs over the weekend when there is no access to food services at school. With Covid-19 impacting so many families your help is needed more than ever! This program relies on donations of food and money. Right now we are in need of the following non-perishable food and personal items:

fruit cups
cup-o-soups
ready meals
fruit bars
pudding
cereal
peanut butter and jelly
bread
crackers
trail mix
mac n cheese
rice/pasta packs
ramen
toothpaste
floss



Lunch



My Kid's Lunch

All meals are free to students until further notice.

All Meals: Fresh Fruit, Milk and Entrée

At RMCA we are invested in our students' health and are committed to offer healthy food to our students.

Extra Milk \$.60

Lunch \$2.95

Breakfast \$3.00

Adults \$3.70

Monday 10/12/20	Tuesday 10/13/20	Wednesday 10/14/20	Thursday 10/15/20	Friday 10/16/20
English Muffin Egg Patty Spiced Pears Whole Apple	Pancakes, Syrup 100% Juice Whole Orange	Lemon Poppyseed Bread 100% Juice Dried Pineapple	Cinnamon Roll 100% Juice Fresh Banana	No School
Tangy BBQ Chicken Sandwich Wheat Bun Sliced Pears Steamed Peas	Penne Pasta & Meatballs in Marinara Cinnamon Apples Romaine Salad Ranch Dressing	Chicken Tenders BBQ Sauce Buttermilk Biscuit Fresh Banana Celery, Ranch Dip	Beef Soft Tacos Cheddar Cheese Tortillas Seasonal Fruit Refried Beans	

Volunteers

If you have not done so, please make sure you have completed the volunteer application. You must complete an application to volunteer or receive volunteer hours.

Click on the following link

<https://apps.raptortech.com/Apply/MzEzMTplbi1VUw==>

Due to COVID-19, please contact your teacher for work-at home projects.

Volunteer Hours

Donations are accepted for volunteer hours. Please bring item (s) to the front office with a receipt. Hours will log accordingly.